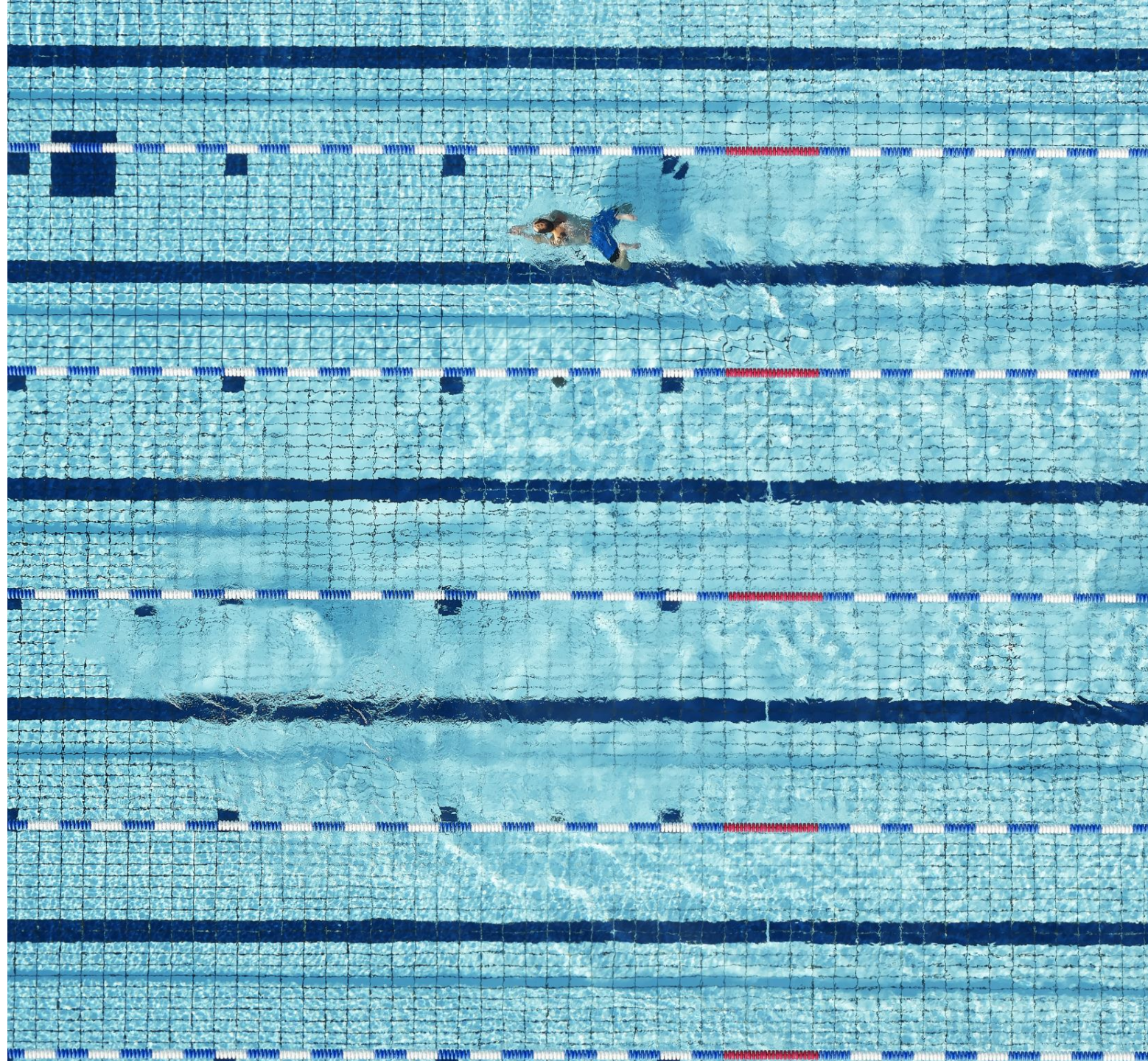


# Fairhope HEAT Swim Team

## Information Session for Prospective Families

July 21, 2025





# Agenda

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History

Status of USA Swimming Application

High-level 2025 – 2026 Overview

Practice Schedule

Cost

Volunteering

Communication and Registration

# Brief History of Fairhope HEAT

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August 2024: SWAT disbanded (USA Swimming Team utilizing Fairhope Rec Center Pool)

September 2024 – early May 2025: Informal workouts began with volunteer coaches and parents; we attended a “friendly” meet at Gulf Shores in March 2025

November 2024: Fairhope HEAT (Hope Elite Aquatic Team) formed as a non-profit

June 2025: Rec Center and City Council approval for lane rental

July 2025: Currently finalizing contract with Rec Center and are in discussions with USA Swimming

*Fairhope HEAT 501(c)(3)*

*EIN: 33-2226056*

*2025-2026 Is Our Inaugural (And Building!) Year*

# Status of USAS Application

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We are beginning 2025-2026 season as independent club team

Plan to transition to USA Swimming Club Team during the season



	When We Are An Independent Club	When We Are A USAS Swim Club
To Practice with Fairhope HEAT	<ol style="list-style-type: none"><li>1. Fairhope Rec Center Pool membership</li><li>2. Fairhope HEAT registration</li></ol>	<ol style="list-style-type: none"><li>1. Fairhope Rec Center Pool membership</li><li>2. Fairhope HEAT registration</li><li>3. USAS Membership</li></ol>
To compete in USAS meets	<ol style="list-style-type: none"><li>1. USAS Member<ul style="list-style-type: none"><li>• Register as “unaffiliated”</li></ul></li></ol>	<ol style="list-style-type: none"><li>1. USAS Member<ul style="list-style-type: none"><li>• Register with “Fairhope HEAT”</li></ul></li></ol>
To compete in “friendly” meets	Nothing additional required	Nothing additional required

# 2025-2026 Season Overview

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11 month “year”

- Will need to adjust for potential pool repair closure (~ 6 – 8 weeks in December & January)

Competition - Both USAS meets and “friendlies” will be included

Goal setting and coach-swimmer-parent meetings (3x across the year)

Quarterly team dinners (not mandatory, but would love everyone to attend if they could)

Two service “events” – one “clean up” to be coordinated with facility staff, and one where our families provide all 16 timers for a FAST meet (tentatively June 2026).

After high school season ends, incorporate bigs/littles where older swimmers stay after to help the Level 1s (2x – 4x per month for approximately 20 – 30 minutes). Coaches will sign off on service hours for swimmers if needed.

Social events TBD, but are in the plan.

# 2025-2026 Practice Schedule

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Registration will be by quarters

- Q1: September – November
- Q2: December – February
- Q3: March – May
- Q4: June & July (no August)

	During High School Season (Q1)		After High School Season (Q2 - Q4)	
	Monday - Thursday	Friday	Monday - Thursday	Friday
Level 1	5:30 - 6:30 p.m.	No practice	5:45 - 6:45 p.m.	No practice
Level 2	5:30 - 6:45 p.m.	5:30 - 6:45 p.m.	5:30 - 6:45 p.m.	
Level 3+	6:15 - 8:00 p.m. 6:15 - 6:30 is dry land 6:30 - 8:00 in water	5:15 - 7 p.m. 5:15 - 5:30 is dry land 5:30 - 7:00 in water	3:45 - 5:45 p.m.	

*No practice nights of high school home meets*

Level 1 (youngest swimmers) will typically be 4 days/week

Level 2 & up will typically be 5 days/week

Level 3 & up will also receive a rotation of 4 optional Saturday workouts if they want to come in on their own. Optional workouts will repeat in each quarter. A new package of Saturday workouts will come with each quarter.

# 2025-2026 Rates

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Note: There is a \$30 annual fee per child that is paid when registering the first time.

	Q1-Q3 Cost	Q4 Cost
Level 1	\$345	\$230
Level 2	\$420	\$280
Level 3 +	\$510	\$340
Examples (for more than one child):		
2 siblings, 1 in Level 4 and 1 in Level 1	$\$510 + (0.95 \times \$345) = \$837.75$	$\$340 + (0.95 \times \$230) = \$558.50$
3 siblings, 2 in Level 2 and 1 in Level 1	$\$420 + (0.95 \times \$420) + (0.95 \times \$345) = \$1,146.75$	$\$280 + (0.95 \times \$280) + (0.95 \times \$230) = \$764.50$

# Registration and Communication

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For Q1, registration will be manual via downloadable paperwork. We are working to provide online registration for future quarters. Registration paperwork and this presentation are available on the website ([fairhopeheat.org](http://fairhopeheat.org)).

Registration will open one month prior to the start of the quarter.

To register, please download the paperwork, fill it out and email to [info@fairhopeheat.org](mailto:info@fairhopeheat.org)

Please include your child's name and the word "registration" in the subject of the email

Information will be posted regularly on website ([fairhopeheat.org](http://fairhopeheat.org))

Weekly updates will be sent via email

New GroupMe will be established for urgent communications (e.g., practice cancelled due to pool closure for weather, change in practice schedule, etc.)



# Volunteering

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Currently seeking a fundraising chair

Currently seeking a social media coordinator

Other opportunities include:

- Helping with fundraisers (leading individual ones, helping plan or working at events)
- Photography
- Organizing and helping with quarterly team dinners
- Organizing and helping at team social events or service events
- General team support at away meets (no home meets planned for 2025-2026)

*See You At The Pool!*